



# Sports Newsletter



## Welcome

Welcome to all the children and parents of St Maria Goretti Catholic Academy. The first term is already over and our sports teams have had a fantastic start to the year. There have been successes in multi skills, dance and swimming. A large number of children in the school have accessed a sporting after school sessions this term. We hope to keep the numbers of attendance to afterschool sports clubs high in the following term. This term we have continued with the alternative sports in our P.E sessions. These sessions will allow the children the chance to gain new skills and explore other areas of sports. Year 5 and year 3 have accessed these sessions so far and the other classes will get their chance to excess the sessions throughout the year. It has been a great start to the year and we hope this sporting achievement continues.

This year the children will continue to access P.E sessions delivered by ST Thomas More Catholic Academy P.E department. Alongside working with St Thomas More P.E department the children will also be able to access competitions held at the high school.

Finally, as school we will be focusing our efforts this year on developing the health and stamina of children. We will be offering a wide range of physical activities during lunchtimes and afterschool for the children to attend. Our morning boot camp sessions will be making an appearance after Christmas, so please look out for them and join in (parents welcome to join in as well).

Let's hope for another successful year for St Maria Goretti catholic Academy.

From myself and all the staff at St Maria Goretti we want to wish you all a Merry Christmas and a Happy New Year.

Mrs Davis  
(P.E co-ordinator)

## Alternative Sports

This term Year 5 have taken part in softball as their alternative sports.

Also this term year 3 have taken part in fencing as their alternative sports.

### Alternative sports after half term:

Year 2 – Tri-golf

Year 4 – Curling

Why not try a new alternative sport?

- Stoke Elite trampolining club –  
Trentham Community Sports Centre,  
Allerton Road , Trentham, Stoke on  
Trent, ST4 8PQ
- Stoke Acro Gymnastics –  
07971635510
- Awesome walls climbing  
Centre – 01782 341919



## Events next term

Boot camp on the school yard – 8.30am  
Tuesday 16<sup>th</sup> January and Tuesday 30<sup>th</sup>  
January.

Year 5 MAC basketball competition – Tuesday  
23<sup>rd</sup> January.

KS1 change 4 life event – Monday 12<sup>th</sup> March.

Year 4 MAC hockey competition – Tuesday  
13<sup>th</sup> March.



# Awards



Well done to the children in key one that represented the school at a change 4 life event.

Well done to the Y6 children that represented the school at a MAC football competition.

## Other sporting news

See below other clubs your child can access.

- Soccer Lions – offer a range of sporting activities. For classes contact 07747867745
- Kiddy Pandas – Football, Rugby, Tennis classes.

Contact 01782 448615

- Steelworks performing arts academy – contact 01782 744993



### Boot camp

Starting from Tuesday 16<sup>th</sup> January boot camp will start to be a regular fixture on the playground in the mornings before school.

Both parents and children are invited to join in with the session in order to develop their stamina and fitness.

We look forward to seeing which families join in.

### Fitness Challenge

#### Challenge 1

How long can you hula a hula hoop?

#### Challenge 2

How long can you do keep ups with a football?

#### Challenge 3

Count how many skips with a skipping rope you can do in one minute?



### Reminders

- Remember to bring in any sporting certificates you receive from any clubs you attend to share with the school during celebration assemblies on Fridays.
- Every child in school needs to make sure they have the correct P.E kit in school.